



**ROWING
IRELAND**



2025 World Rowing Championships

Media Guide



Deirdre Lysaght
Communications & Commercial Manager



communications@rowingireland.ie

Table of Contents

About the Event.....	Page 3
Schedule.....	Page 4
Crews.....	Page 13
- PR2 Mixed Double Sculls.....	Page 14
- Lwt Women's Single.....	Page 17
- Lwt Men's Single.....	Page 20
- Women's Single.....	Page 22
- Men's Single.....	Page 25
- Women's Double.....	Page 28
- Men's Double.....	Page 31
- Mixed Double.....	Page 34
- Men's Pair.....	Page 36
- Women's Pair.....	Page 39
- Women's Four.....	Page 42
- Men's Quad.....	Page 46
- Reserves.....	Page 50
Support Staff.....	Page 53



About the Event

The 2025 World Rowing Championships take place in Shanghai, China from September 21 to 28. This year's World Championships mark the first since the 2024 Paris Olympics

This regatta also marks the return of three Paris 2024 Olympians Nathan Timoney who renews his partnership with Ross Corrigan in the Men's Pair following the 2024 Olympics. Tokyo Olympic bronze medallist Emily Hegarty and double Olympian Aoife Casey mark their return to international racing following the Paris Olympics.

Rowing Ireland will be represented by 24 athletes competing across 12 boat classes. Among them is Emma Waters, who will make her Senior International debut in the Women's Four.

Watch this explainer [Video](#) to learn how crews will advance through the competition.

World Rowing Results & Audio/Livestream: [HERE](#)

Race Schedule: [HERE](#)



Emma Waters

Schedule

Saturday 20th September

Time (IST)	Boat	Race
4:00 - 5:00am (IST)	W1x (Bergin)	Spares Race
4:00 - 5:00am (IST)	W1x (Feerick)	Spares Race

Sunday 21st September

Time (IST)	Boat	Race
3:19am (IST)	W2- (Casey & Hegarty)	Heat
3:37am (IST)	M2- (Corrigan & Timoney)	Heat
4:15am (IST)	M4x (Sheehan, Murphy, Byrne & Colsh)	Heat

Monday 22nd September

Time (IST)	Boat	Race
3:43am (IST)	W2x (Cremen & Hyde)	Heat
3:49am (IST)	M2x (McCarthy & Doyle)	Heat
4:21am (IST)	W4- (Long, Magner, Waters & Hayes)	Heat
7:17am (IST)	W1x (Murtagh)	Heat
7:43am (IST)	M1x (Pazzaia)	Heat

Tuesday 23rd September

Time (IST)	Boat	Race
3:05am (IST)	LW1x (McCrohan)	Heat
3:29am (IST)	LM1x (McCarthy)	Heat
3:57am (IST)	M2-	Semi Finals
4:38am (IST)	W2-	C Final
4:50am (IST)	M4x	C Final

Wednesday 24th September

Time (IST)	Boat	Race
3:15am (IST)	PR2 Mix2x (O'Donnell & Ni Laoighre)	Heat
3:39am (IST)	M1x	Quarter Finals

Thursday 25th September

Time (IST)	Boat	Race
3:31am (IST)	LW1x	Semi Finals
3:43am (IST)	LM1x	Semi Finals
4:15am (IST)	M2x	Semi Finals
7:44am (IST)	M2-	A Final

Friday 26th September

Time (IST)	Boat	Race
5:18am (IST)	M1x	C Final
5:35am (IST)	W1x	Semi Finals
6:29am (IST)	W2x	B Final
6:45am (IST)	W4-	B Final
7:51am (IST)	M2x	A Final

Saturday 27th September

Time (IST)	Boat	Race
6:05am (IST)	PR2 Mix2x	B Final
7:33am (IST)	LW1x	A Final
7:50am (IST)	LM1x	A Final

Sunday 28th September

Time (IST)	Boat	Race
3:05am (IST)	Mix2x (McCarthy & Cremen)	Heat
6:35am (IST)	Mix2x	B Final
7:17am (IST)	W1x	A Final
7:44am (IST)	Mix2x	A Final

2025 Crews





PR2 Mixed Double Sculls PR2 Mix 2x

Previous Boat Category Results

Paralympic Championships	Great Britain
2023 World Championships (Not a Category in WCH24)	Great Britain
2025 WCI Championships	Brazil
2025 European Championships	Germany

PR2 rowers compete using functional movement of their arms and trunk. In 2023, Katie O'Brien and Steven McGowan placed 5th in the PR2 Mix2x at the World Championships, securing a place for the Paris 2024 Paralympic Games. At the Games, Tiarnán partnered with Katie O'Brien in the PR2 Mix2x, where they achieved a top-ten finish.

Tiarnán O'Donnell



- Age: 27
- Club: Lee Rowing Club
- Hometown: Limerick
- Position: Stroke

A relative newcomer to rowing, Tiarnán has already shown immense potential, transitioning from being one of Ireland's top wheelchair basketball players to rowing. Tiarnán competed at the 2024 Paris Paralympics in the PR2 Mixed Double Sculls alongside Katie O'Brien. The double marked Ireland's return to Paralympic rowing since London 2012. He also won silver at the 2024 World Rowing Cup II and III in the PR2 single sculls. In 2025, Tiarnán won a gold medal at the World Cup I in Varese. This marked Tiarnán's first gold medal on the international circuit, just one year after making his international debut.

Sadhbh Ní Laoighre

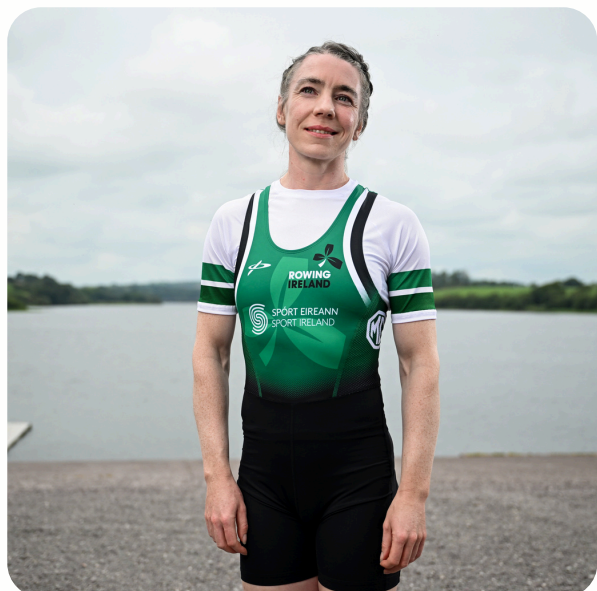


- Age: 19
- Club: Bantry Rowing Club
- Hometown: Bantry, Cork
- Position: Bow

Sadhbh started her para rowing journey in 2024 . In that same year, Sadhbh took home two golds from the 2024 Home International Regatta in both the 2000 metre race and 500 metre sprint race. She was nominated in the rowability category at the 2024 Rowing Ireland awards. At the 2025 World Cup II Sadhbh finished third in the A Final of the PR3 Mix2x. Shanghai marks Sadhbh's first World Championships.

PR2 Mix 2x

Day	Time (IST)	Race
Wednesday 24 th September	3:15am (IST)	Heat
Saturday 27 th September	6:05am (IST)	B Final



Lightweight Women's Single LW1x

Previous Boat Category Results

2024 World Champion	Romania
2025 WCII Champion	Mexico
2025 European Champion	Austria

Mags Cremen won silver in the Lightweight Women's Single Sculls (LW1x) at the 2024 European Rowing Championships. Siobhán McCrohan claimed gold at the World Cup II in 2024 and went on to win bronze at the 2024 World Championships, adding to her gold from the previous year. At the 2025 World Cup II, Siobhán McCrohan returned to the LW1x and finished fifth.

Siobhán McCrohan



- Age: 38
- Club: Tribesmen Rowing Club
- Hometown: Galway

Siobhán made a comeback to the rowing scene in 2023 after a seven year hiatus. She first represented Ireland in 2007 at World Cup II in the LW1x and raced in the double with Olympian Claire Lambe in 2010 and 2011. Since her return to rowing Siobhán won a gold medal at the 2023 World Championships and bronze at the 2024 World Championships. She also won the gold medal in the LW1x at last year's World Cup II. At the 2025 World Cup II, Siobhán returned to the LW1x and finished fifth.

LW1x Race Schedule

Day	Time (IST)	Race
Tuesday 23 rd September	3:05am	Heat
Thursday 25 th September	3:31am	Semi Final
Saturday 27 th September	7:33am	A Final



Lightweight Men's Single LM1x

Previous Boat Category Results

2024 World Championships	Ireland
2025 WCII Championships	Uruguay
2025 European Championships	Germany

Double Olympic gold medallist Paul O'Donovan is the reigning world champion in the lightweight men's single sculls. He is a three-time world champion and two-time European champion in this event. Jake competed in this event at the 2025 European Championships, he finished fourth.

Jake McCarthy



- Age: 28
- Club: Skibbereen Rowing Club
- Hometown: Skibbereen, Cork

Jake McCarthy took up rowing in 2012 after his twin brother Fintan joined Skibbereen Rowing Club. He reached the final of the 2018 World Championships in Plovdiv in the lightweight men's four where they came fifth. Jake placed 4th at the 2025 European Championships in the LM1x.

LM1x Race Schedule

Day	Time (IST)	Race
Tuesday 23 rd September	3:29am	Heat
Thursday 25 th September	3:43am	Semi Final
Saturday 27 th September	7:50am	A Final



Women's Single W1x

Previous Boat Category Results

Olympic Championships	Netherlands
2023 World Championships (Not a Category in WCH24)	Netherlands
2025 WCII Championships	Great Britain
2025 European Championships	Great Britain

Ireland had previously enjoyed a period of dominance in this event with Sanita Purspure. Sanita was two-time World and European Champion in this event. Fiona Murtagh represented Ireland in the W1x at the 2025 European Championships and World Cup II where she claimed silver medals.

Fiona Murtagh



- Age: 30
- Club: University of Galway Boat Club
- Hometown: Woodquay, Galway

Fiona Murtagh was part of the historic Women's Four that won bronze at the Tokyo 2020 Olympic Games. At the 2023 World Rowing Championships, she placed 4th in the Women's Pair with Aifric Keogh, securing qualification for Paris 2024. She went on to race the pair at the Paris Games, finishing 8th. In 2025, Fiona transitioned to the Women's Single Scull, claiming silver medals at both the European Championships and World Cup II. A former junior with Galway Rowing Club, she represented the University of Galway before transferring to Fordham University in New York, where she won the Head of the Charles Regatta twice in succession.

W1x Race Schedule

Day	Time (IST)	Race
Monday 22 nd September	7:17am	Heat
Friday 26 th September	5:35am	Semi Finals
Sunday 28 th September	7:17am	A Final



Men's Single M1x

Previous Boat Category Results

Olympic Championships	Germany
2023 World Championships (Not a Category in WCH24)	Germany
2025 WCII Championships	New Zealand
2025 European Championships	Independent Neutral Athlete

Konan Pazzia returns to the Men's Single Scull. In 2024, Konan secured top ten finishes in the M1x at both the World Cup I and III.

Konan Pazzaia



- Age: 24
- Club: Queen's University Belfast Boat Club
- Hometown: Geneva, Switzerland
- Position: Stroke

Konan won gold in the Men's Double Sculls at the 2023 World Rowing U23 Championships in Plovdiv, building on a bronze medal in the same event the previous year. In 2025, he claimed bronze medals at both the European Championships and World Cup II in the Men's Double Sculls. Born and raised in Switzerland, Konan is the son of a Belfast-born mother who moved there to complete her PhD. Before relocating to Northern Ireland, he completed five months of Swiss military service. Now studying at Queen's University Belfast, Konan has quickly made his mark on the water. He is fluent in English, French, German, and Italian.

M1x Race Schedule

Day	Time (IST)	Race
Monday 22 nd September	7:43am (IST)	Heat
Wednesday 24 th September	3:39am (IST)	Quarter Final
Friday 26 th September	5:18am (IST)	C Final



Women's Double W2x

Previous Boat Category Results

Olympic Championships	New Zealand
2023 World Championships (Not a Category in WCH24)	Romania
2025 WCII Championships	China
2025 European Championships	The Netherlands

The Irish Women's Double Scull secured a top-10 finish at the 2024 Olympic Games, a remarkable result for a young crew. Zoe Hyde returns to the boat, joined by Mags Cremen, who made her debut in the heavyweight category at the 2025 European Championships.

Mags Cremen



- Age: 26
- Club: UCC Rowing Club
- Hometown: Rochestown, Cork
- Boat Position: Stroke

Mags began rowing in 2014 with Lee Rowing Club and now rows with UCC, where she is studying Sports Studies and Physical Education with Irish. She was an A-finalist at the 2024 Olympic Games in the LW2x and also won silver at the 2024 European Championships in the LW1x. In 2022, she claimed a bronze medal at the World Championships. Shanghai 2025 marks her first World Championships competing in the heavyweight category.

Zoe Hyde



- Age: 28
- Club: Tralee Rowing Club
- Hometown: Killorglin, Kerry
- Boat Position: Bow

In 2022, Zoe Hyde won a bronze medal at the World Rowing Championships and secured a silver medal at World Cup II in the Women's Double Sculls (W2x). In 2023, Zoe finished fourth in the W2x at the World Championships, qualifying the boat for the 2024 Olympic Games. She made her Olympic debut in Paris 2024, achieving a top-10 finish. Off the water, Zoe is a brand ambassador for Deloitte, where she collaborates with the Early Careers team to strengthen the firm's partnerships with the Olympic Federation of Ireland, Paralympics Ireland, and university talent programmes.

W2x Race Schedule

Day	Time (IST)	Race
Monday 22 nd September	3:43am (IST)	Heat
Friday 26 th September	6:29am (IST)	B Final

Men's Double

M2x



Previous Boat Category Results

Olympic Championships	Romania
2023 World Championships (Not a Category in WCH24)	Netherlands
2025 WCII Championships	Serbia
2025 European Championships	Poland

Ireland are the Olympic bronze medallists in the Men's Double Sculls, with Philip Doyle and Daire Lynch making history as the first Irish crew to medal in men's heavyweight rowing at the Games. For the 2025 World Championships, Philip Doyle returns to the M2x alongside double Olympic champion Fintan McCarthy. Earlier in 2025, Fintan claimed bronze at both the European Championships and World Cup II in the M2x with Konan Pazziaia.

Fintan McCarthy



- Age: 28
- Club: Skibbereen Rowing Club
- Hometown: Skibbereen, Cork
- Position: Stroke

Fintan made history at the 2020/2021 Olympic Games in Tokyo when he and Paul O'Donovan won Ireland's first ever rowing gold medal winning the Lightweight Men's Double Sculls. The duo then went on to win gold at the 2024 Paris Olympics in the LM2x, being the first Irish duo to win back to back gold medals at the Olympics. Fintan made his heavyweight debut this year at the European Championships where he won a bronze medal in the Men's Double Scull.

Philip Doyle



- Age: 32
- Club: Belfast Boat Club
- Hometown: Banbridge, Down
- Position: Bow

Having started rowing as a novice with Queen's in 2014, Doyle quickly moved up the ranks and competed in the 2020/2021 Tokyo Olympic Games in the M2x with Ronan Byrne. Philip made history alongside Daire Lynch after winning a bronze medal in the M2x at the Paris Olympics. Doyle balances rowing alongside a medical career.

M2x Race Schedule

Day	Time (IST)	Race
Monday 22 nd September	3:49am (IST)	Heat
Thursday 25 th September	4:15am (IST)	Semi Final
Friday 26 th September	7:51am (IST)	A Final

Mixed Double

Mix2x



Mags Cremen and Fintan McCarthy will represent Ireland in the mixed double sculls, marking the first time the event is contested at the World Championships. The 2025 regatta will see the official debut of this category, with 11 crews entered. Heats will take place on Sunday, 29 September, with progression to either the A or B Final later the same day.

Mix2x Race Schedule

Day	Time (IST)	Race
Sunday 28 th September	3:05am (IST)	Heat
Sunday 28 th September	6:35am (IST)	B Final
Sunday 28 th September	7:44am (IST)	A Final



Men's Pair M2-

Previous Boat Category Results

Olympic Championships	Croatia
2023 World Championships (Not a Category in WCH24)	Switzerland
2025 WCII Championships	Romania
2025 European Championships	Romania

This crew made history as the first Irish Men's Pair to qualify for an Olympic Games since Moscow 1980, securing their spot with a bronze medal at the 2023 World Championships. They went on to finish 6th in the A Final at the 2024 Paris Olympics.

Nathan Timoney



- Age: 25
- Club: Queen's University Belfast Boat Club
- Hometown: Enniskillen, Fermanagh
- Position: Stroke

Nathan began rowing with Enniskillen Royal BC in 2015. In his junior years he represented Ireland at the Coupe de la Jeunesse in the JM2-. He was selected for the 2022 U23 World Championships where he won bronze in the men's four. In 2023, Nathan won a bronze medal in the Men's Pair with Ross Corrigan at the World Championships, qualifying for the 2024 Paris Olympics. Ross and Nathan finished 6th at the Paris Olympics. This regatta marks Nathan's return to international racing since the Olympics.

Ross Corrigan



- Age: 26
- Club: Portora Boat Club
- Hometown: Enniskillen, Fermanagh
- Position: Bow

Ross Corrigan also learned to row at Enniskillen Royal BC, taking up the sport in 2015. Corrigan has been part of the High Performance team since his U23 representation in 2019. In 2021, he won a silver medal in the men's four at U23 Worlds. In 2023, Ross won bronze in the M2- at the World Rowing Championships in Belgrade, alongside Nathan Timoney. This achievement qualified the boat for the Paris 2024 Olympic Games, where they finished 6th.

M2- Race Schedule

Day	Time (IST)	Race
Tuesday 23 rd September	3:57am (IST)	Semi Finals
Thursday 25 th September	7:44am (IST)	A Final



Women's Pair W2-

Previous Boat Category Results

Olympic Championships	Netherlands
2023 World Championships (Not a Category in WCH24)	Netherlands
2025 WCII Championships	Romania
2025 European Championships	Romania

This crew won the Senior Women's Pair at the 2025 Irish Rowing Championships. The 2025 World Championships will mark the pair's debut at the international level, and their return to international racing following the 2024 Paris Olympics.

Emily Hegarty



- Age: 27
- Club: Skibbereen Rowing Club
- Hometown: Skibbereen, Cork
- Position: Stroke

Emily won a Bronze Medal in the Women's Four at the 2020 Tokyo Olympics and in doing so made history winning Rowing Ireland's first women's Olympic Medal. Emily competed in the same event at the 2024 Paris Olympics where she secured a top-ten finish. The World Championships mark Emily's return to international racing.

Aoife Casey



- Age: 26
- Club: Skibbereen Rowing Club
- Hometown: Skibbereen, Cork
- Position: Bow

Aoife Casey began rowing in 2009 with Skibbereen RC. Between 2019 and 2022 she rowed for UCC where she studied Medical and Health Sciences. Aoife competed at both the 2020 Tokyo Olympics and the 2024 Paris Olympics in the Lightweight Women's Double. Alongside, Mags Cremen, Aoife placed fifth at the Paris Olympics. The World Championships mark Aoife's debut in the heavyweight category.

W2- Race Schedule

Day	Time (IST)	Race
Tuesday 23 rd September	4:38am (IST)	C Final



Women's Four W4-

Previous Boat Category Results

Olympic Championships	Netherlands
2023 World Championships (Not a Category in WCH24)	Netherlands
2025 WCII Championships	USA
2025 European Championships	Netherlands

Ireland made history at the Tokyo 2020 Olympics by becoming the first Irish women's heavyweight crew to win an Olympic medal, securing bronze in the Women's Four. At the 2024 Paris Olympics, Ireland followed up with a top-ten finish in the same event. The Women's Four at this regatta features two Paris 2024 Olympians: Natalie Long and Imogen Magner.

Natalie Long



- Age: 35
- Club: Lee Valley Rowing Club
- Hometown: Johannesburg, South Africa
- Position: Stroke

South African-born Natalie Long has been competing in Ireland since 2015. Natalie was part of the 2022 crew that won silver at the European Championships in the women's four. In 2024, Natalie raced in the W4- at the Paris Olympics top 10. She also placed 4th at World Rowing Cup I that year.

Emma Waters



- Age: 25
- Club: University of Galway Boat Club
- Hometown: Galway
- Position: Three

Emma started rowing as a novice in 2019 with the University of Galway. She won gold in the SW2- and SW8+ at the International Homes Regatta in 2022. She Competed at the NCAA Championships with Rutgers University (2022–2023) and the University of Washington (2024–2025), where she is currently pursuing an MSc in Communications and Leadership

Aisling Hayes



- Age: 35
- Club: Skibbereen Rowing Club
- Hometown: Westmeath
- Position: Two

Aisling made her international debut at the 2025 European Championships. She learned to row aged 26 in the UK, and after winning at Henley Royal with Oxford Brookes in the student 8+ she made a move to Skibbereen to develop her sculling skills. She has tested her sculling in Ireland, and taken it further afield to the UK, Belgium and Australia to gain more racing experience. Aisling works part time as a pharmacist.

Imogen Magner



- Age: 27
- Club: Lee Valley Rowing Club
- Hometown: Cambridge, England
- Position: Bow

Imogen Magner spent five years living in Spain from the age of 12-17 following her passion of tennis. She only properly took up rowing when she was studying Zoology in the University of Reading. Imogen won U23 gold in 2017 at the British Indoor Rowing Championships and in 2021 won the Wargrave Challenge Cup at Henley with Leander. Imogen was part of the W4- that competed at the 2024 Paris Olympics securing a top - ten finish.

W4- Race Schedule

Day	Time (IST)	Race
Monday 22 nd September	4:21am (IST)	Heat
Friday 26 th September	6:45am (IST)	B Final



Men's Quad M4x

Previous Boat Category Results

Olympic Championships	Netherlands
2023 World Championships (Not a Category in WCH24)	Netherlands
2025 WCII Championships	Great Britain
2025 European Championships	Great Britain

Ireland first entered a heavyweight Men's Quad at the 2023 World Rowing Championships. That crew included Andrew Sheehan and Ronan Byrne, both of whom return for this year's World Championships. This crew competed at the 2025 World Cup II.

Andrew Sheehan



- Age: 22
- Club: UCC Rowing Club
- Hometown: Cork
- Position: Stroke

Andrew Sheehan initially started rowing with Lee Rowing Club in 2015. Over the last three years Andrew has one three U23 World Championships silver in the coxed four in 2021, bronze in the coxless four in 2022 and silver in the single scull in 2023. Andrew made his first senior debut at only 20 years old at the 2023 World Championships.

Adam Murphy



- Age: 22
- Club: UCC Rowing Club
- Hometown: Cork
- Position: Three

Adam Murphy started rowing in 2015 with Shandon BC. He is currently in UCC studying Business Information Systems. Murphy most recently won a bronze medal at the 2024 U23 World Championships in the BM2x. He raced at the 2021 and 2022 U23 World Championships picking up a silver medal in the coxed four and a bronze the following year in the coxless four.

Brian Colsh



- Age: 23
- Club: University of Galway Boat Club
- Hometown: Ballymote, Sligo
- Position: Two

Brian Colsh first started rowing with Sligo RC in 2016. He's now rowing for the University of Galway where he is studying Accounting. In 2021 Brian raced at the Junior World Championships where he won bronze in the men's quad. In 2022 and 2024 he won bronze in the U23 men's double and in 2023 he won gold at the U23 World Championships. He raced in the M2x at the 2024 World Cup II securing a top 10 finish.

Ronan Byrne



- Age: 27
- Club: Shandon Boat Club
- Hometown: Cork
- Position: Bow

Ronan Byrne competed alongside Philip Doyle in the 2020/2021 Tokyo Olympic Games after they won a Silver medal at the 2019 World Championships, qualifying the boat for Tokyo. Byrne's first major event was the 2016 Junior World Championships with Daire Lynch. Byrne also has a gold medal in the Coastal Mixed 2x from the 2023 World Rowing Coastal Championships.

M4x Race Schedule

Day	Time (IST)	Race
Tuesday 23 rd September	4:50am (IST)	C Final



Reserves

At the 2025 World Championships, the heavyweight women's squad will include two reserves: Alison Bergin and Claire Feerick. They will provide cover for any crew member in the event of injury or illness during the regatta. They are an important part of the crew's campaign, ensuring Ireland has the depth and strength to compete at the highest level. Both will also have the opportunity to race in Shanghai, showcasing their talent on the world stage.

Alison Bergin



- Age: 23
- Club: Fermoy Rowing Club
- Hometown: Kildinan, Cork

At just 20 Alison set a U23 world record in the single scull at the 2022 U23 World Championships where she won a bronze medal. In 2023 she bettered that result claiming a silver medal at the U23 World Championships. Bergin placed 4th in the 2023 World Championships in the W2x qualifying the boat for the 2024 Olympics, where she had a top ten finish alongside Zoe Hyde.

Claire Feerick



- Age: 26
- Club: Neptune Rowing Club
- Hometown: Castleknock, Dublin

Claire returns to the Irish squad after a break since 2021. She won silver in the Women's Four at the 2019 U23 Worlds and placed fourth in the Single at the 2020 U23 Europeans. While completing two Master's degrees at Oxford Brookes, she won Championship Eights at the British Universities and Colleges Sports Regatta in 2023 and 2024, Henley Women's, and the Remenham Challenge Cup. She recently claimed the Irish Senior title in the Women's Single Scull.

Spares Race Schedule

Day	Time (IST)	Race
Saturday 20 th September	4:00 - 5:00am (IST)	Spares Race

Support Staff

Head Coach

Dominic Casey

Coaches

Clara O'Brien

Denise Walsh

Ed Hartery

Daniel Blaser

Team Manager

Ciara Harte

Physiotherapists

Heather O'Brien

Shelly Dineen

Physiologist

Lorenz Kissling

Nutritionist

Laura Mahony

Team Doctor

George Fuller

