

Rowing Ireland 2025-2026 Draft Plan

Week	Senior		U23		U19	
	Info	Location	Info	Where	Info	Where
29th Sept - 5th Oct	Training	Club	Training	Club	Training	Club
06th Oct-12th Oct	Training	Club	Training	Club	Training	Club
13th Oct-19th Oct	Training	Club	Training	Club	Training	Club
20th Oct-26th Oct	Training	Club	Training	Club	Training	Club
27th Oct-2nd Nov	Training	Club	Training	Club	Training	Club
3rd Nov- 9th Nov	6k Erg Test	Club	6k Erg Test	Club	6k Erg Test	Club
10th Nov-16th Nov	Training	Club	Training	Club	Training	Club
17th Nov-23rd Nov	Open Trials	NRC	Open Trials	NRC	Open Trials	NRC
24th Nov-30th Nov	Training	Club	Training	Club	Training	Club
1st Dec-7th Dec	Training	Club	Training	Club	Camp (7th)	NRC
8th Dec-14th Dec	Training	Club	Training	Club	Training	Club
15th Dec-21st Dec	Training	Club	Camp (20th-22nd)	NRC	Training	Club
22nd Dec-28th Dec	Training	Club	Training	Club	Training	Club
29th Dec-4th Jan	Training	Club	Camp (31st - 9th)	TBC	Training	Club
5th Jan-11th Jan	Training	Club	Camp (31st - 9th)	TBC	Training	Club
12th Jan-18th Jan	Training	Club	Training	Club	Training	Club
19th Jan-25th Jan	2k Erg Test	Club	2k Erg Test	Club	2k Erg Test	Club
26th-Jan-1st Feb	Training	Club	Training	Club	Training	Club
2nd Feb-8th Feb	Training	Club	Training	Club	Training	Club
9th Feb-15th Feb	Training	Club	Training	Club	Camp (13th - 16th)	NRC
16th Feb- 22nd Feb	Training	Club	Training	Club	Training	Club
23rd Feb- 1st Mar	Training	Club	Training	Club	Training	Club
2nd Mar-8th Mar	Training	Club	Training	Club	Training	Club
9th Mar-15th Mar	Training	Club	Camp (14th - 15th)	NRC	Training	Club
16th Mar-22nd Mar	Training	Club	Training	Club	Training	Club
23rd Mar-29th Mar	Invitational Trials	NRC	Invitational Trials	NRC	Invitational Trials	NRC
30th Mar-5th Apr	Training	Club	Training	Club	Training	Club
6th Apr-12th Apr	Training	Club	Training	Club	Training	Club
13th Apr-19th Apr	Training	Club	Training	Club	Training	Club
20th Apr-26th Apr	Training	Club	Training	Club	Training	Club
27th April-3rd May	Training	Club	Training	Club	Invitational Trials	NRC
4th May-10th May	Training	Club	Training	Club	Training	Club
11th May-17th May	Training	Club	Training	Club	Training	Club
18th May-24th May	Training	Club	Training	Club	*U19 Europeans	Brandenburg, Germany
25th May-31st May	*World Cup I	Seville, Spain	Training	Club	Training	Club
1st Jun-7th Jun	Training	Club	Training	Club	Training	Club
8th Jun-14th Jun	*World Cup II	Poznan/Polvdiv	Training	NRC	Training	Club
15th Jun-21st Jun	Training	Club	U23 Final Trial	NRC	Training	Club
22nd Jun-28th Jun	*World Cup III	Lucerne, Switzerland	Camp	NRC	Training	Club
29th Jun-5th Jul	Training	Club	Camp	NRC	Camp	NRC/Regional
6th Jul-12th Jul	Senior Final Trial	NRC	Camp	NRC	Camp	NRC/Regional
13th Jul-19th Jul	Training	NRC	Camp	NRC	Camp	NRC/Regional
20th Jul-26th Jul	Training	NRC	U23 Worlds	Duisburg, Germany	Coupe de la Jeunesse	Lucerne, Switzerland
27th Jul-2nd Aug	*Europeans	Varese, Italy	Off	Off	Camp	NRC
3rd Aug-9th Aug	Pre Worlds Camp	TBC	Training	Club	U19 Worlds	Plovdiv, Bulgaria
10th Aug-16th Aug	Pre Worlds Camp	TBC	Training	Club	Off	Off
17th Aug-23rd Aug	World Championships	Amsterdam, Netherlands	Camp	NRC	Off	Off
24th Aug-30th Aug	World Championships	Amsterdam, Netherlands	Camp	NRC	Off	Off
31st Aug-6th Sept	Off	Off	*U23 Europeans	Kruszwica, Poland	Off	Off
7th Sept-13th Sept	Off	Off	Off	Off	Training	Club
14th Sept-20th Sept	Off	Off	Off	Off	Training	Club
21st Sept-27th Sept	Open 2k Trials	NRC	Open 2k Trials	NRC	Open 2k Trials	NRC
28th Sept-4th Oct	Training	Club	Training	Club	Training	Club
5th Oct-11th Oct	Training	Club	Training	Club	Training	Club
12th Oct-18th Oct	Training	Club	Training	Club	Training	Club
19th Oct-25th Oct	Training	Club	Training	Club	Training	Club
26th Oct-1st Nov	Training	Club	Training	Club	Training	Club
2nd Nov-8th Nov	6k Erg Test	Club	6k Erg Test	Club	6k Erg Test	Club
9th Nov-15th Nov	Training	Club	Training	Club	Training	Club
16th Nov-22nd Nov	Invitational Trials	NRC	Invitational Trials	NRC	Invitational Trials	NRC
23rd Nov-29th Nov	Training	Club	Training	Club	Training	Club
30th Nov-6th Dec	Training	Club	Training	Club	Training	Club
7th Dec-13th Dec	Training	Club	Training	Club	Training	Club
14th Dec-20th Dec	Training	Club	Training Camp	NRC	Training	Club
21st Dec-27th Dec	Training	Club	Training	Club	Training	Club
28th Dec- 3rd Jan	Training	Club	Training	Club	Training	Club

This is a provisional plan for the 2025-26 season and dates for the trials are subject to change at the discretion of the High Performance team.

The date for the 2026 Home International Regatta has not been confirmed yet so has not been included in this plan.

* Event TBC