

	NRC Senior/U23 Men	Club	Category
1	Phil Doyle	Portora	SA
2	Ross Corrigan	Portora	SA
3	Fionnan Tolan	University of Galway	SA
4	Nathan Timoney	Queens	SA
5	John Kearney	UCC	SA/U23
6	Adam Murphy	UCC	SA/U23
7	Brian Colsh	University of Galway	SA/U23
8	Konan Pazziaia	Queens	SA/U23
9	Andrew Sheehan	UCC	SA/U23
10	Jack Dorney	Shandon/Harvard	SA/U23 (Overseas)
11	Ronan Byrne	Shandon	SA
12	Daire Lynch	Clonmel	SA
	Non-NRC U23 Men	Club	Category
1	Tom Kelly	University of Galway	U23
2	Donagh Claffey	University of Galway	U23
3	Martin O'Grady	University of Galway	U23
4	Fergus Bryce	Queens	U23
5	Colm Brennan	Commercial RC	U23
6	Tiernan McKnight	DUBC	U23
7	Ronan Gibbon	New Ross	U23
8	Finn O' Reilly	Skibbereen RC	U23
9	Ciaran O'Sullivan	Lee RC	U23
10	Oisin Boyle	University of Galway	U23
11	Michael Hourihane	Skibbereen	SA

	U19	Club	Category
1	Shane Rafferty	SMRC	U19
2	Zach Meegan	Athlone	U19
3	Lochlan Crooks	Neptune	U19
4	Jack Rafferty	SMRC	U19
5	Rian Claffey	Athlone	U19
6	Fionn McDonnell	SMRC	U19
7	Brian McGrath/Sean O'Neill	Castleconnell	U19
8	Dan Daly	Muckross	U19
9	Matthew Murray	Lee	U19
10	Stephen Quinn	Cappoquin	U19
11	Sean Morris	Tralee	U19
12	Dominic Casey	Skibbereen	U19
13	Alex Murphy	Lee	U19
14	Liam Walter	Castleconnell	U19
15	Andrew O'Leary	Pres	U19

	NRC Senior/U23 Women	Club	Category
1	Sanita Puspure	OCBC	SA
2	Zoe Hyde	Killorglin	SA
3	Alison Bergin	Fermoy RC	SA/U23
4	Eimear Lambe	OCBC	SA
5	Fiona Murtagh	University of Galway	SA
6	Tara Hanlon	Cork Boat Club	SA
7	Natalie Long	Lee Valley	SA
8	Aifric Keogh	DULBC	SA
9	Emily Hegarty	UCC	SA
10	Imogen Magner	Leander	SA
11	Aisling Hayes	Skibbereen RC	SA
	U23 WOMEN	Club	Category
1	Anna Keating	Shannon rowing club	U23
2	Grace Healy	DULBC	U23
3	Chris Kirwan	UL	U23
4	Michelle Mulcahy	Umass/Commercial	U23 (Overseas)
	U19 Women	Club	Category
1	Holly Davis	Lee Valley	U19
2	Kate Reidy	Lee	U19
3	Ayla O'Neill	Kenmare	U19
4	Moya Knowles	Skibbereen RC	U19
5	Aoife Hendy	Skibbereen RC	U19
6	Sophie Monahan	Lee Valley	U19
7	Ailise O'Sullivan	Skibbereen RC	U19
8	Anna trench/Avril O'Toole	Colaiste Iognaid	U19
9	Anna Brennan	Graiguenamanagh	U19
10	Laoise Philips	SMRC	U19
11	Jessica Crowley	Skibbereen RC	U19
12	Louise Forrester	Shandon	U19

	Lightweight men	Club	Category
1	Paul O'Donovan	UCC	LM
2	Fintan McCarthy	Skibbereen	LM
3	Hugh Moore	Queens	LM
4	Gary O'Donovan	Skibbereen	LM
5	Jake McCarthy	Skibbereen	LM
	Lightweight Men U23.	Club	Category
1	Rory O'Neill	UL	U23 LM
2	Joe Tanner	Shannon	U23 LM
3	Gary O'Donoghue	UL	U23 LM
4	James Foley	Queens	U23 LM
5	Donnacha Keely	UG	U23 LM
6	Ciaran Purdy	Queens	U23 LM

	Lightweight Women	Club	Category
1	Margaret Cremen	UCC	LW
2	Aoife Casey	Skibbereen	LW
3	Siobhain McCrohan	Tribesmen	LW
4	Clíodhna Nolan	UCC	LW
	Lightweight Women U23	Club	
1	Niamh Coffey	UL	U23 LW
2	Samantha McCormick	Queens	U23 LW
3	Aine O'Mahony	Fermoy	U23 LW
4	Alyssa Mannix	UL	U23 LW